

# Seed bombs



Seeds get around in all sorts of ways, on the wind, in running water, on, and inside, animals. But how do you get seeds into those hard to reach places? Make a seed bomb!

This is a fun way to spread seeds using clay and compost. Your visitors can take their bombs home with them to brighten up their own environments with a bit of guerrilla growing.

## Message

Seeds are food for people and animals, and they are plants and flowers, in waiting. Sometimes they need a bit of help getting around.

## Why?

This activity encourages visitors to develop a fun and effective way of bringing bit of colour and diversity to their environment

## When and where?

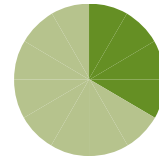
This activity should be done in an area where a group can comfortably mix together the ingredients and make a bit of a mess!

## Setting the scene

Introduce some of the seeds used on the farm for crops and feed. What about the wild seeds that you can find in the area? What animals eat which seeds? What seeds do we eat?

## What next

This activity would follow on from the exploration of any wildflower areas such as field margins. Try to use seeds that are appropriate for the area, even better combine with an



15-20  
mins



individual  
activity

## ✓ Ideal for

Young people  
People with learning disabilities

## ? Not ideal for

Older people

## You will need

- For seed bomb mix:
  - 5 parts clay
  - 1 part compost
  - 1 part wildflower seeds
- Water
- Mixing bowls
- Measuring cups
- Spoons for mixing
- Old egg boxes
- Facilities to clean up messy hands afterward



activity collecting seed from local wildflowers. There are lots of things to do with seeds. You could have edible seeds available, pumpkin, sunflower, hemp. What about popcorn? Or a chopped up seed and nut bar for people to munch on. You can explore the sizes and shapes and textures of seeds, and explore other ways seeds get around. Making a seed ball bird feeder is another seed related activity.

## Method



A pre-prepared big bowl of dry mix of compost and clay.



Layout wildflower seeds in containers. Have some pictures of the wildflowers for people to look at.



Let your visitors make their own seed mix. Visitors use a bowl to combine their seed mix and dry mix.

You will need a way of measuring the parts for the bomb mix. Plastic cups for example.



Adding water to the dry mix to form a mouldable sludge.



Dirty fingernails time.. Moulding the bombs into about egg size.



Seed bombs ready to take home and dry.

## With a twist

**When you plan any visit make sure you talk to a group representative about what you are planning and see if the visitors have particular needs**

**Young people** Where could you throw them at home? Is there a bit of wasteland which could do with a bit of colour? How high can you throw a bomb? How far can you throw them?

**Older people** You may want to look at other ways of distributing seeds rather than making bombs. If your visitors are coming from a residential care environment suggest the creation of a wildflower environment at the home

**Visual impairments** Encourage the group to find an area where they will be able to hear where the bombs land when you have thrown them. Try to include a seed mix with a variety of shapes, sizes and textures. Include dried seed heads and flowers for closer exploration

**Mobility impairments** Throw the bombs in an area of easy access, be prepared to offer assistance with the throwing if needed.

**Learning difficulties and disabilities** If you are using labels make sure they are clearly written. Use symbols if possible. You can download the Widgit instruction sheet for groups to use.

